

ESWT in Pubic Osteitis in football players

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Pubic Osteitis or Osteopathy of the pubis is a serious injury that can happen to any soccer player, and even more so to professional players, during their sporting career. It is a very disabling injury, which prevents the athlete from playing his sport, with all that this implies, especially at the professional level. Its treatment by conventional means can be prolonged for a long time, and in many occasions the lack of response leads to surgery, and to late and uncertain recoveries. For more than 20 years the treatment with Shock Waves in this pathology has been controversial. The use of different devices and different technologies can give uncertain results. For the last 3 years, the speaker, using Focal Shock Waves from an Electrohydraulic generator, has achieved good and reproducible results: Medical treatment with Shock Waves brings that unblocking factor to these processes, with an early analgesic response that, together with Exercises and Physiotherapy treatment, makes a decisive progress in the recovery. The speaker explains his treatment method and his experience, in coordination with the Medical Services of a Spanish League Division of Honor Football Club.

Technology:

Device and Company:

COI: Document not received